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Age of Aquarius

The Age when everything becomes unified!

"In the New Age we break free of centuries of false doctrines, destructive indoctrinations, absurd ideas, and children's stories about God, education, medicine, and love. The corrupt foundations of false society crumble. This time of crises is not the signal of the end of the world. What comes is not the end, but the beginning. The dream humanity has lived for centuries ends and we awaken to a bright new day, a bright new way.

Now in the Age of Aquarius, everything becomes unified. All our differences, all our dualities mix together like the fragrances of a flower shop, with all of the different flowers adding their bouquet to the overall mix until they are inseparable.

Each individual flower remains distinct and individual, each one's fragrance is unique and discernible when you come up close to it, yet joined together in unity with the others in the wonderful mixture that is the smell of the shop.

Our individual worth comes from inside, from what we have inside, through our development, our evolution, and what we can give to society. Now our drastic differences dissolve and we integrate into the whole.

We integrate and unify with the energy of the universe, with the great cosmic spirit.

Source- apanache.wordpress.com

Aumaparna.com



Starbuck

AKASHIC CONTRIBUTOR
AND OBSERVER

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"We're arriving to Utopia, road map says we'll be arriving soon ... Galaxies unfolding and new worlds being born ... pilgrims and prodigals creeping toward the dawn ... and it's a long road out of Eden."

Long Road Out of Eden, Eagles

The Ascension Handbook
Section One: Introduction to Ascension

Quality resources



The vibratory nature of our solar system is rapidly changing as it has seen the completion of the 26,000 year minor cycle in the procession of the equinox and the beginning of the next cycle: the Golden Age. The density in the nucleus of every atom on the planet has slowly amplified to a higher frequency for decades. For nearly 70 years, the DNA of every sentient being on the planet was being “upgraded” (awakened, if you will) at a cellular level to set the stage for ascending to higher levels of consciousness regardless of our readiness.

Let’s begin with an overview of your Divine purpose: You are a spiritual being (a soul) having a human experience. In the beginning, you were a fragment of the Creator / Infinite Consciousness (imagine a spark) that was broken off eons ago as a soul – as an individual unit of consciousness. You were given a simple mission – go away and experience all the different types of realities and existences known to the universe, learn and advance your knowledge & wisdom and eventually you can return home to rejoin the Creator after having a complete understanding of “All that is”. To do this, you must evolve through a number of dimensions, which are different realities where you can learn and experience yourself in different forms. Presently, you are experiencing the 3rd dimension as a human being for your spiritual growth on Earth. However, you have been reincarnating on this planet for thousands of years, and selected a wide variety of different lives to advance your consciousness by experiencing the 3D lesson of “Duality”, where you have emotionally experienced and explored the highs & lows of every different aspect as a human being. After each physical death on Earth, you returned home to the spirit world, and began planning your next incarnation. For many of you, your soul or consciousness has now finished experiencing duality in the 3rd dimension – you have nothing left to learn. Life is not defined by physical death, your soul is immortal, incarnations have been all about the spiritual advancement of your consciousness. Now it is time for you to decide to take the next evolutionary step and ascend to the 4th dimension. Spiritual ascension refers to “your conscious decision to evolve as a spiritual being and progress to the next dimension”. To experience a new reality that operates under a different spiritual law to continue your spiritual growth.

The soul of every human being on the planet will ascend at the time of the planetary shift. At the time of this great event, your frequency or energy signature determines your destination.

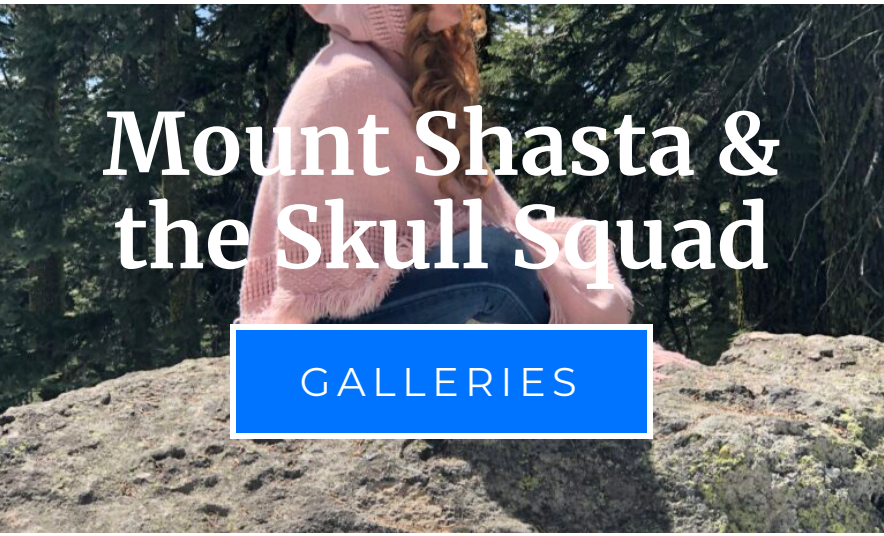
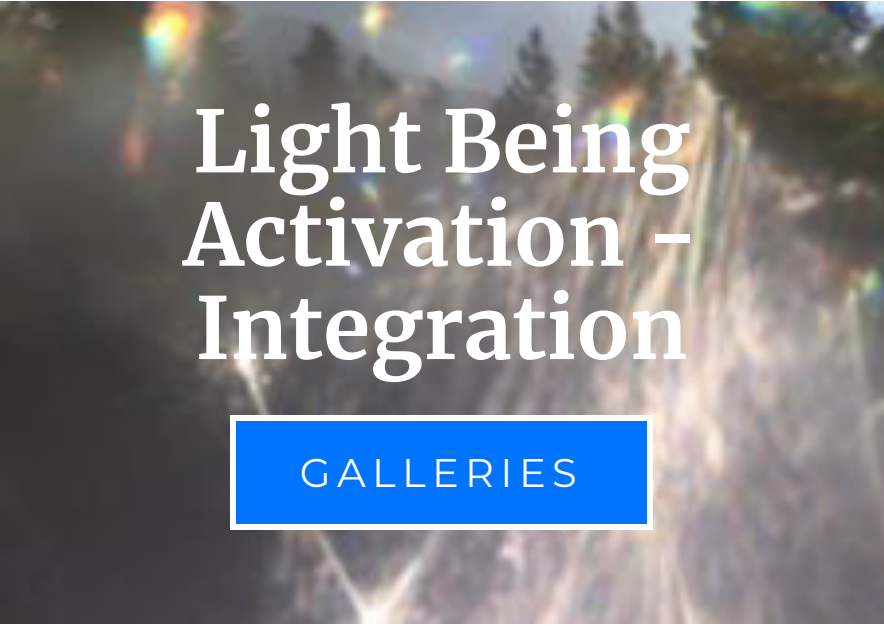
Humanity has two ways to go: (1) those people who choose to embrace personal ascension, achieve a higher frequency and ascend to New Earth in the 4th dimension. (2) alternatively, the people who choose not to participate in personal ascension and choose to remain in the lower frequency will die naturally during the Shift and later reincarnate on an alternative 3rd dimension planet in the Universe, to complete their 3D lessons.



To understand personal ascension, first comprehend the concepts that form the following principles:

- You are a soul or unit of consciousness interconnected to the Universe and the Creator
- Your body contains your consciousness (this is YOU – thoughts, intellect, emotions, memories, etc)
- Each dimension has different spiritual laws that govern what souls learn and experience
- To master your 3rd dimensional lessons, you have reincarnated on Earth over many lifetimes
- As a spiritual being, your Divine mission is to continually evolve emotionally, mentally and spiritually
- Your human body consists of two different systems, the biological body and the human energy system. Both bodies interact and sustain each other.

Explore



Many of you have asked how we can connect

Looking to book some time one on one? Use the link below to book an appointment for an ascension consult, an energetic vortex tour, a hike to sacred spots or a meditative multidimensional visit to Telos. Small groups (4) are welcome. Time and day based on availability.



Use the link in the image above to register for the [Light Activation event in Las Vegas](#). The first of many planned in person sessions.

Lastly, the Law of One are universal principles that explain the purpose of why we are here, the nature of the universe and the spiritual laws that govern what you experience in each dimension. In addition, the law explains the purpose for your spiritual progress, how spiritual consciousness is interconnected in all things and teaches the Divine truth that every soul is an essence of the Creator.



Personal Ascension. Planetary ascension is different from personal ascension. Earth has been undergoing planetary ascension for decades, where the planet’s magnetic fields have slowly adjusted to a higher frequency, which prepares the planet for a planetary shift. Ascension means to “move up, evolve or progress”. Earth’s ascension is a separate evolutionary process to human souls, but we are all invited to accompany Mother Gaia. This knowledge is to assist you to prepare for personal ascension before Earth moves into her new home.

Personal ascension is a full mind, body and spirit program. From a spiritual perspective personal ascension means “the conscious decision to evolve as a spiritual being and progress to the next dimension within the universe to experience a higher vibrational state of existence or a new reality. This is your Divine mission – to experience different dimensions within the universe and advance your consciousness. Right now, you are invited to release yourself from the lower vibrations of this dense, physical 3rd dimension and choose to rise up to a higher frequency. Ascension is a personal choice. Many people will decline; some will ascend for spiritual reasons while others may wish to experience a new way of living on new Earth.

One of the aims of personal ascension involves increasing the vibrational configuration of your body, to ensure you are compatible to live on Earth’s new frequency and to keep you vibrationally anchored to the planet during the planetary shift. This is called physical ascension. To understand this, you need to perceive the physical body as both biological and as energy. The first of your energy bodies is called the ethereal body, which is the invisible clone of your biological body, it is an exact duplicate, and has its own specific frequency signature, which is determined by the status and health of your seven primary chakras. Each of your primary chakras has a specific frequency, so the overall number of fully functioning chakras determines your energy signature. For example, when the lower chakras are blocked and not fully functioning, you would have a low energy signature. That lower energy signature is not compatible with new Earth.



Personal ascension is designed to help you gradually raise the frequency of your energy signature. There is direct energetic relationship between the ethereal body and your consciousness. How does this work? Your thoughts, feelings, beliefs, behavior and emotions are commonly known as your consciousness. Your consciousness is YOU (your soul). Therefore your consciousness is simple conscious energy that feeds directly into your chakra system. Currently your 3D consciousness is not compatible with the higher frequency. The aim of personal ascension involves “expanding your consciousness” which means once you have consciously decided to release yourself from the 3rd dimension or this reality and decide to live on new Earth, you will find yourself making the necessary changes in your life, such as changing your thoughts or emotions to align yourself with the new 4D consciousness. As a result of this process, (new conscious energy), you automatically begin to increase your energy signature to a higher level. An individual that has mastered the ability to hold higher frequencies is known as a Lightworker.

Personal ascension involves completing a number of activities. These are specific strategies that increase / amplify the frequency of your consciousness, which will automatically raise the frequency of your energy signature. You cannot fake ascension, because a person’s energy signature determines the outcome at the time of the planetary shift. The following table summarizes the learning outcomes contained within the personal ascension program. It simply involves using ascension activities to align the four (4) bodies into a unified BODY / MIND / SPIRIT body, also known as your “Light body”.



Introduction to the Law of One

The “Law of One” is the universal law of Love, which explains the spiritual and scientific principles of the multiverse (multiple universes). It acknowledges that your soul is a unique portion of the Creator. Our soul is a single unit of consciousness that stems from the creator’s consciousness. This is known as “Infinite consciousness”. All units of consciousness are interconnected to all other types of consciousness. Everything that exists is called the “Creator” (also known as the Source). Infinite consciousness is the universal energy that exists everywhere or “All that is”. The Creator has no gender. Infinite consciousness is neither male nor female. There is no such thing as “God”. This is a human word. The term “God” does not mean a single patriarchal, masculine bearded man that mainstream religions have falsely personified, but represents “Infinite Consciousness”. The Creator represents the life force energy, the infinite intelligence and the work engine of creation, omnipresent and exists on all planes & dimensions throughout the multiverse. The Creator does not have a physical body, rather it is plural and refers to the sum of all units of consciousness in the multiverse (infinite consciousness). Everything that exists is Divine. Everyone is Divine. You are Christ.

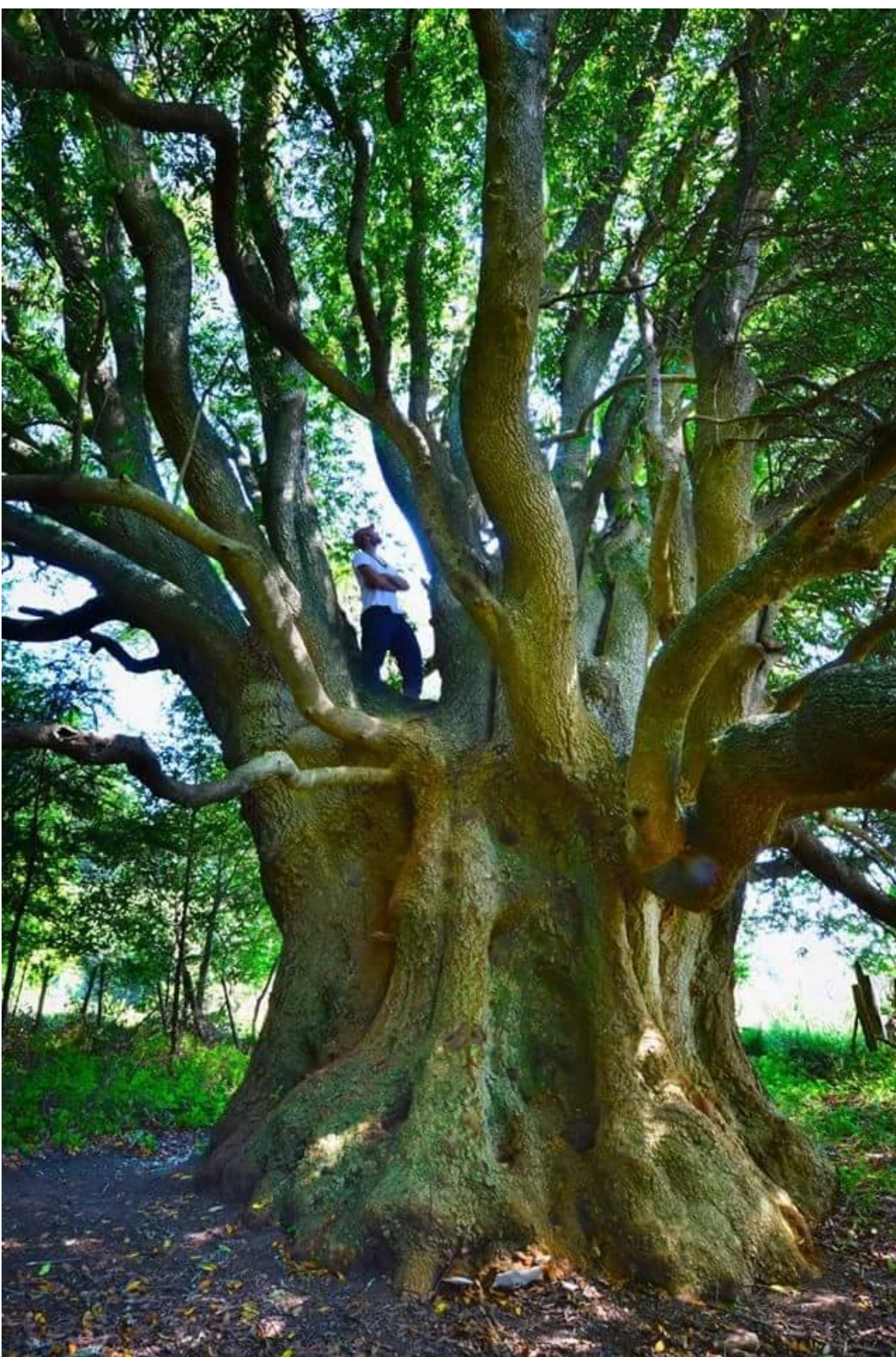
The Creator is Omniscience (all knowing) , Omnipresent (everywhere all at once) and Omnipotent (all powerful). These two concepts “Infinite Consciousness” and the “Individual Consciousness” are the key principles for understanding the Law of One. First, realize that all consciousness is equal. We are all fragments of same consciousness, it is original source of consciousness and each one of us will eventually return home to this source energy or the Creator. Imagine the source as one big ball of energy and each particle of light is one soul. You stem from this ball of energy. Your soul is that unit of individual consciousness. “All is One”, means everything that exists, is the source energy – the infinite Creator. All creation is infinite consciousness and a living collective.

Each one of us was given a Divine mission – go away and explore ourselves. Learn, grow and understand everything that has been created and eventually rejoin the Creator after having learned everything that is infinitely possible to experience, having acquired the highest understanding of creation itself or “All that is”. Your path of evolution is unique to you, but you are not separate from other souls, rather your individuality is your unique story and journey to understand creation. Your mission is achieved by ascending your individual consciousness through each of the dimensions within the universe. To begin your mission, you had to experience a variety of intense 3D lessons on Earth, including selfishness, pain, poverty, love, anger, etc. Earth is a planet to begin evolving your consciousness at the infant level, you consciously realize this illusion and choose to stop experiencing those dense lessons then decide to continue your spiritual growth beyond this dimension.

Your soul, the non-physical part of you, needs to constantly seek out new experiences to grow, expand, learn and explore itself. Therefore, the most important principle in the Law of One is the understanding that every soul is currently experiencing and learning different spiritual lessons to your own. Because we are all One, there is no right or wrong. In the spirit world, a soul’s rank or degree of spiritual advancement has been achieved from their accumulated wisdom within the 3rd dimension. Reincarnation has been the tool for spiritual growth. In regards to the Law of One, there is no such thing as sin, judgment, punishment, heaven or hell. These beliefs were falsely created by humanity. With regard to reincarnation, comprehend that when all souls return to the spirit world, they are authentically respected and adored for the difficult lessons they have selected to experience for their own spiritual advancement and that of the Collective on the Earth plane. Medieval religion and not Christ, created the notion of judgment and punishment after death. As a result we have been exposed to the perpetuation of the concept of the anti Christ. The Law of One only recognizes the “infinite love” of the Creator, which exists within everyone and everything.

Each time a soul incarnates, it selects a religion that can nourish its spirituality. This is why humans are not godless; you are constantly evolving to once again regain your connection to the Creator. The two key attributes of divinity – unconditional love and compassion are the key qualities and core characteristics that underpin the Law of One. More importantly, the Law of One is not a religion, because it is not a man made doctrine, rather it is a universal law that states that you are “Christ”. You do not have to wait for salvation because you already hold the power to learn, demonstrate and practice divinity (unconditional love and compassion).

You are an individual unit of consciousness, but we are one. No person can claim to be greater than another. For many souls on the planet, they have now reached the end of their 3D incarnational cycles in duality. They are ready to break free and continue advancing and experiencing in the 4th dimension. That is the purpose of the Ascension. When ascension is experienced properly, a person is never the same and never sees their reality in the same manner again. From that point on, everything becomes clear and you finally realize you are a spiritual being connected to everything that exists. Materialism, selfishness and greed become a thing of the past. You accept the very thing you always wanted – new Earth offers you world peace and unity. To join new humanity reflect on this question: How much love (your energy, resources, attention, wisdom and being) are you prepared to freely share to help others?

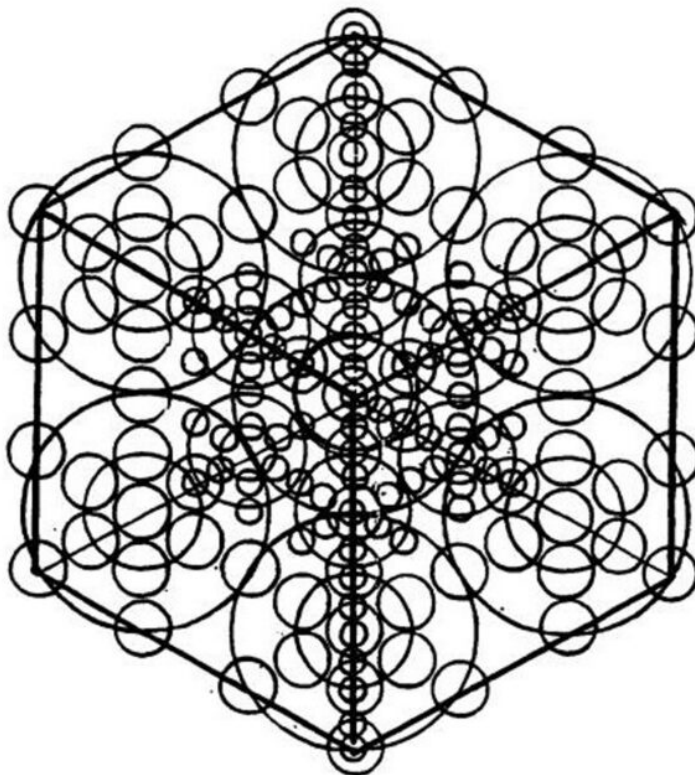


Infinite Consciousness (The Creator)

This section will now describe “Infinite Consciousness”. Regardless of your personal views, keep an open mind in regard to the endless explanations to explain “Creation”. Creation is composed of two materials. The first is known as “Consciousness” and the other is “Light”. Consciousness is the basic building block of creation in the Cosmos; it is your soul, it is energy and you are a unit of consciousness. Light is the physical manifestation of creation, it exists as both matter and anti matter, which allows consciousness to experience itself in physical or non-physical form. Thus, “Love” (consciousness) and “Light” (matter) are both forms of energy.

All universes are made up of consciousness composed from a single, supreme source of infinite consciousness, known as the Creator. The “multiverse”, the living cosmos or super universe is shaped like a Metatronic cube, consisting of 12 individual universes interconnected into a spinning spiral, and each physical universe has more than 12 dimensions. The basic gestalt energy or geometric vibration in each physical universe is called the photon. It is the basic particle of light. The different combinations and complex vibrations of photons create atoms, matter and the physical matter that exists within each universe. Infinite consciousness is commonly expressed as “All that is”.

We are composed of both “love and light” or “matter and consciousness”. Matter (solids, liquids and gases) is composed of varying amounts of electromagnetic energy held in a state of



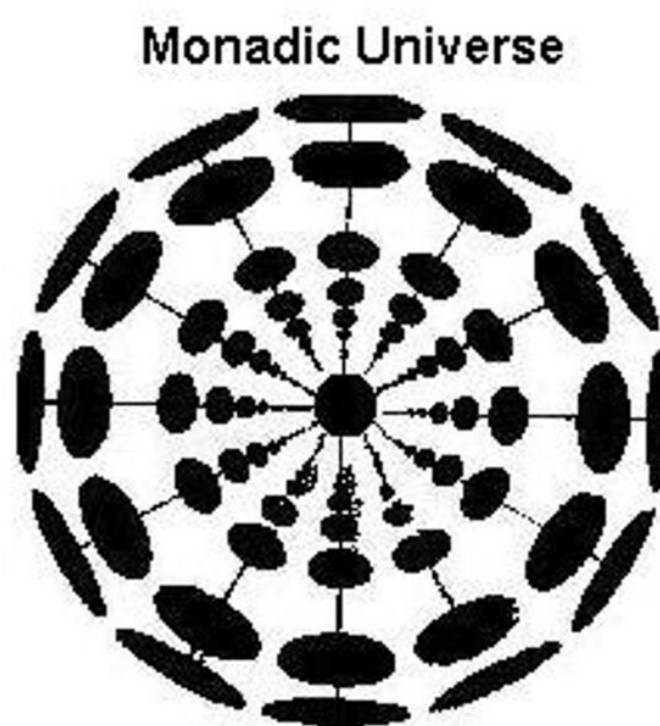
tension. Electrical energy and magnetic energy are the two building blocks for creation and the foundation of all existence. We are a single vibrational unit of consciousness that stems from universal energy called “Infinite Consciousness”. In other words, although we are an individualized and separate soul, we are connected to this universal energy and thus we are the seed / unit of the creator’s consciousness. Therefore, we are all energetically connected to each other, to each universe, other dimensions, planets, atoms and all other units of consciousness.

“All that is” also refers to all the frequencies or dimensions that divide and create the multiverse. The multiverse is itself a living organism, which includes Earth, our universe, other universes and all the spiritual beings contained within. That is why the Creator or “Oneness” is difficult to describe, because infinite consciousness expresses itself in everything and everywhere. When it all comes together, it is known as the Creator or Source. In order for consciousness to evolve, it must experience itself via a corporeal body consisting of matter.

This is called a “sentient being”. Consciousness is the life force energy that allows matter to become sentient. Consciousness is the creator, and matter or light is created by consciousness.

Our consciousness uses a human body to explore and experience itself, but consciousness can also experience itself in different corporeal shapes and forms. Earth is composed of matter. It is a corporeal body. Consciousness can explore and experience itself as a planet. Earth is a living and sentient being and the name of this soul is Mother Gaia. In addition, all living things that originated from naturally occurring processes on the planet (meaning they are composed of matter) are sentient beings. More importantly, matter does exist beyond our human perception. All living things in Earth (matter) also have an invisible twin of itself, which is made of anti matter. This is known as the Ethereal body.

Please note that the term “Consciousness” does not mean the same as “Human Consciousness”. This refers to our conscious awareness and interaction with our environment using our physical senses and our ability to respond to our physical surroundings. A human existence allows you to experience yourself, so you can acquire and develop new intelligence, thoughts and emotions during each incarnation. Therefore your “Consciousness” is two-fold: it is the total sum of wisdom that you have experienced from all your incarnational lives, and secondly, it allows you to consciously experience yourself in the physical world, this you are “conscious” or “self aware” of your reality.



The Ethereal Body

With regard to ascension, one of the most important concepts for you to understand and accept, is the fact that everything in your reality is energy. Your soul is energy, all matter is energy, and your physical body is made of electromagnetic energy. YOU are energy. You are a unified energy system. All parts influence each other.

Every living thing has two different types of bodies. One is the biological body which is composed of matter such as organs, skeleton, muscle, etc. Your biological body contains millions of cells and the chemical processes within these cells generate electromagnetic energy. The interconnection of all this energy creates a full body electrical circuit. This radiates as an electromagnetic field around the biological body, which is known as the human energy body.

The first layer of the human energy body that exists just beyond the biological body is called the “Ethereal Body” (or Etheric). The ethereal body extends about 2–6 inches in front and around the biological body. This is your life force body, which maintains, energizes and interacts with the biological body. The ethereal body is your invisible clone and it is an exact duplicate of your biological body. Your ethereal body is still classified as physical, but it consists of ethereal or anti matter. Ethereal matter has a higher frequency than physical matter, which means it is still classified as physical, but has a different dimensional frequency and wavelength. Ethereal matter is superimposed over the biological body, but exists in a higher frequency, while it occupies and coexists in the same physical space. This is the reason you why you cannot see it in our 3rd dimensional reality.



The ethereal body radiates its own electromagnetic force field around the physical body known as the “auric field” (aura or auric body). The ethereal body is made up of tiny particles of electromagnetic energy that radiate as light (anti matter). The human chakra system is the interface between matter (biological) and anti matter (ethereal). Each of the seven primary chakras has their own specific frequency, and the overall health of your chakras determines your frequency pattern or energy signature for your ethereal body. For example when your lower chakras are blocked or partially blocked, you will have a low frequency signature. In addition, the frequency of your energy signature determines the level of brightness or dimness of your auric field. The various energy blockages, imbalances and distortions within the ethereal body (chakras) will determine the state of health in your physical body.

Therefore, each of you has a specific energy signature that is determined by the overall condition of the chakra system. Every person is like a radio channel, functioning on a different frequency. The chakras are transformers of energy (input / output), which supports and energizes the physical body. Ascension involves clearing and removing blockages or unwanted frequencies from the chakras, and then taking steps that bring the total bodily chakra system into balance. The process of healing each chakra amplifies or increases the frequency of your energy signature. As a result, the old 3D auric field is replaced with a new and higher frequency auric field. Be mindful of the energetic relationship between matter (ethereal body) and your consciousness (thoughts, attitudes, feelings, beliefs and emotions).

In regard to planetary ascension, reflect on the following concept: all living things are comprised of matter and radiate an ethereal body. Your ethereal body was created at the time of conception. That life force energy was supplied to us during gestation, from Earth’s biosphere (food, water, etc). As a result, every living being has an ethereal body and we are all connected and anchored to the planet’s ethereal body. Therefore, energetically speaking, humanity’s negative behavior and actions such as war, pollution, nuclear waste, etc has had a direct impact on Mother Gaia’s life force, because any negative energy stored within our ethereal bodies filters directly into the planet’s ethereal body. In addition, during the planetary shift, the planet’s ethereal body and everything ethereally attached will shift to the next dimension. Therefore, physical ascension simply involves increasing your ethereal frequency to ensure you are compatible with the planet’s ethereal frequency, thus you remain vibrationally anchored to the planet’s ethereal body.

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